



The
MARKET

.....
by **RHC.**

The

MARKET

The Market is now open and includes a restaurant, bar and outdoor terrace (weather dependant) and a number of counters offering a wide range of food and drink. Learn more over the next few pages...

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Market Kitchen *market fresh to table*

Tuesday, Wednesday, Thursday 08:00 to 11:00 for breakfast & 11:00 to 16:00 for lunch

Inspired by a traditional food market, Market Kitchen is a restaurant which celebrates the very best seasonal produce with daily specials and a menu designed to change frequently.

Some of our new menu highlights include:

Caesar salad, baby gem, croutons and chicken breast

Cured salmon, horseradish crème fraiche, cucumber salad, grilled sourdough

Grilled asparagus, poached Burford Brown, hollandaise (v)

Beef Burger, onion marmalade, baby gem, triple cooked chips & 22B onion mayo

Super green rigatoni, broccoli pesto, baby spinach, cavolo nero & parsley (v)

Seared sea bream, broad beans, peas, mixed herbs & lemon

FOR RESERVATIONS PLEASE EMAIL HELLO@THEMARKET22.COM

The MARKET

Our counters provide a great range of fresh and exciting dishes open from morning until afternoon.

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Open 7am - 4pm Monday - Friday

Blend counter on Level 2, and Blend café on the ground floor serve up coffee and tea and have a great range of snacks, cakes and lunch items as well.



HALF PRICED CAKES
AND COOKIES EVERY
DAY FROM 3PM

Blend
breakfast

LOW FAT YOGHURT WITH BLACKBERRY COMPOTE & GRANOLA	£2.50
FRUIT POT	£4.50
HAM & CHEESE TURNOVER	£3.75
TOMATO & CHEESE TURNOVER	£3.75

croissants and cakes

CROISSANT	£1.95
ALMOND CROISSANT	£1.95
PAIN AU CHOC	£1.95
CAKE DOUBLE CHOC (GF)	£2.50
LEMON & BLUEBERRY CAKE (GF)	£2.50
FLAPJACK FRUIT & NUT	£2.50
ENERGY BALLS THREE	£4.50
BLUEBERRY MUFFIN (GF)	£3.50
FRUIT AND ALMOND TART	£3.50
COOKIES	£1.75

lunch

TURKEY, LETTUCE, TOMATO SANDWICH	£3.75
BETROOT HUMMOUS, SPINACH, CHIA WRAP	£3.50
CHEESE & ONION MARMALADE TOASTIE	£3.75
HAM & CHEESE TOASTIE	£3.75
SWEET POTATO SAUSAGE ROLL (ve)	£4.25
PORK SAUSAGE ROLL	£4.75

Residency

Bao buns

Sticky pork	single	£2.75
	double	£4.50
Crispy panko aubergine	single	£2.25
	double	£3.95
Combo		£4.45

Bowls

Chicken katsu	£7.50
Tofu katsu	£6.00
Bibimbap	£6.50
Sweet and Sour Pork	£6.50

Curly fries

Plain curly fries	£2.00
Hoisin duck loaded curly fries	£5.50
Soy glazed shiitake loaded curly fries	£4.00

Sides

Edamame beans	£2.00
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Open 11.30am - 3pm Monday - Friday

Residency is a regularly changing food concept.

Currently, we have Asian-inspired dishes such as Panko Aubergine or Pork Bao buns, Bibimbap, Duck-topped curly fries, Chicken Katsu and Edamame beans



PATCH

OUR SALAD BAR

here to help keep your lunch quick and healthy

BUILD YOUR OWN BOWLS

R: £4.50 / with protein £6.00

L: £6.50 / with protein £7.50

STEP 1 - PICK YOUR LEAVES

STEP 2 - PICK YOUR BASE

STEP 3 - PICK 4 TOPPINGS

STEP 4 - DRESS IT UP

STEP 5 - ADD YOUR PROTEIN

STEP 6 - ADD A LITTLE EXTRA

ENJOY!

Open 11.30 - 3pm Monday - Friday

Patch serves simple, seasonal, healthy food. Build your own salad or leave it to one of our experts to deliver the perfect combination.





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THANK YOU!

